

AEHC Newsletter

November 2008

A Word from AEHC President Joyce Hall

Congratulations to all the winners for your recruiting. Our district meetings were very successful and enjoyed by all. The food and snacks were great. Be sure to keep up the good work. The state planning committee had good programs, which are almost finished for this year. It is time to think about what we want to focus on for the next 2 years. We will make that decision at our spring meeting...

All of you have a Happy Thanksgiving and may all your holidays be the best ever....Joyce Hall, EHC President

2008 AEHC District President's Days

The 2008 District EHC President's Days are now history. We had a total attendance of 471 at the three meetings. The theme "The ABC's of Membership" was emphasized at each of the meetings. The first meeting was in Johnson County at the beautiful new family life center of the Clarksville First Methodist Church. The district EHC team composed of Mary Fisher, director, Linda Chapman and Eadie Toney, associates, did a great job registering the group and decorating. Huge

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AEHC State Education Workshop

March 10-11, 2009

In 2009, AEHC will develop a new education emphasis. We will develop a major focus and a minor focus for the coming two years. The meeting will be conducted at the C.A. Vines Arkansas 4-H Center on March 11. Counties that are located too far to drive in for the all day meeting on Wednesday, March 11: the 4-H center is available for lodging. More information will be sent to your FCS agent regarding the cost of meals and the cost of lodging. The chair for this meeting is Kaye Green, your new AEHC Vice President. The state planning and executive committees will meet that day, and committees that need to meet will be scheduled during the afternoon. More details will come later on this meeting.

AEHC 2008 Membership Report

A huge thanks is due our 2007-08 membership committee chaired by Mary Fisher, district director from Ozark district. The members of the committee were the district teams and President Joyce Hall and past President Elaine Stoll. The final membership count on

November 1, 2008 was 5824 members. The membership campaign added 877 new members across the state with an overall increase of 163 members. Each year we lose about 150 members to death. It is a good thing that we added all the new members since we must have had a large number to drop out of the membership. Remember that your husbands and friends can be members. We have four members at large in the state Extension headquarters.

The number of clubs in the state is 445, and the total volunteer hours reported to the treasurer was 668,456.5. Remember that your volunteer time is worth \$19.51 according to the state Office on Volunteerism.

EHC volunteer hours are also reported by your FCS agents in their AIMS report each month, so be sure that your agent has each club members total hours so that these reports will be consistent.

Joyce Hall and Elaine Stoll attended the NVON meeting this summer and gave a report of our membership campaign. In their recent newsletter Arkansas is featured for getting new members.

Little River County EH Council

Hosted Quilt Sale

Little River Council President Jettie Williams and County Sheriff Danny Russell are shown as the sheriff receives the quilt that he won.



New District Directors to be Elected at the Annual State Meeting

May 15 is the date for district director applications to be submitted to present district directors. To learn more, go to the AEHC website and look under the section of officers and chairs. The application forms and the guidelines are located there. The chair in the Ozark District is Mary Fisher; Delta District is Glenda Griffin; and the Ouachita District is Terrie Jacobs. Their addresses are also on the website

Conway County EH Council President – A Member for Sixty-six Years

Bea Thompson, Conway Council President, celebrated her 90th birthday in October 2009. She is a member of the Opele Twilite EHC Club and is currently the president of the Conway County Council. She has been chairperson of the Sr. Baked Foods at the county fair for thirty plus years. She volunteers at St. Anthony's Hospital in Morrilton, giving 20 hours each week, and is an active member and volunteer for Literary Coterie Club. She volunteers weekly at the First Methodist Church, where she bakes bread for all the Sunday visitors, all church dinners, and funerals. Bea Thompson was named Citizen of the Year in Morrilton for this year. Dora Denning, county Extension staff chair, said, "She is great and a Christian example for all that know her." Below, Dora and Bea are pictured at the recent President's Meeting at Clarkville following Bea's presentation as a part of the membership panel.



AEHC State Meeting June 9-11, 2009

"T. E. A. M. - Together Everyone Accomplishes More" is the theme for the 2009 AEHC State meeting set for June 9-11 at the Hot Springs Convention Center. The state planning committee has met twice, and most of the classes and speakers are in place. If you have suggestions, please send them to Betty F. Oliver at boliver@uaex.edu or call 501-671-2012. You can also send suggestions to any state officers or planning committee members.

The committee is trying some new ideas. For example, there will not be a President's Breakfast before the board meeting. Muffins and juice will be available in the foyer outside the board meeting room.

Do not forget to reserve your rooms for the meeting.

AUSTIN HOTEL

AEHC Rate \$78.00/per night (plus tax)
Contact Sherry Rardin 501-623-6600

EMBASSY SUITES

AEHC RATE SINGLE \$139/per night (plus tax)
Double/Triple \$154/per night (plus tax)
Contact Chris Roberts 501-624-9200

AEHC PROJECT BOOKS DUE DECEMBER 1, 2009

AEHC project books are due from the counties to the state EHC office on December 1. All county councils and individual EH clubs may enter a project book. The three emphasis books that may be submitted include leadership, community service, and education. Awards will be presented at the state meeting in June. To learn more, go on line to the AEHC website and look under the awards section. Also, contact your FCS agent, who will be happy to help you with the project book.

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thanks to the Johnson County EHC leaders for the bountiful snacks and wonderful lunch. The program content was much the same for each district with the panel of MedWise Arkansas giving great programs at each of the meetings. The panel was composed of Dr. Margaret Harris, Cooperative Extension Health Specialist; Dr. Kim Garner, a physician with Towbin Veterans Hospital in North Little Rock; and Melissa Simpson, director of Medicare for the state insurance department. Each of the speakers presented information that could be developed into a county program. Dr. Garner is working on a curriculum on Advanced Directives that each of the counties will have access to later. In the Ozark district, Crawford led the membership gain in 2008 with 91 members. Three cheers for Crawford County. Each of the counties gave 2009 membership goals, and these goals will again be used in the roll call at the March Program Planning Meeting at the Arkansas C.A.Vines 4-H Center. Three counties gave a panel presentation on Retaining, Regaining and Refreshing EHC membership. The counties were Washington, Conway and Crawford County.

The second meeting was in the Delta district at Brinkley's nice convention center. Thanks to Glenda Griffin and her daughter for the fantastic refreshments as we arrived. The mayor of Brinkley welcomed us to Brinkley. This district had a perfect attendance from each of the counties. The membership panel in this district was composed of Prairie County, White County and Craighead County. Craighead County gave information on their Gold Star Program that has encouraged club members with every aspect of EHC membership. Counties that would like a copy of their program can contact Betty F. Oliver at 501-671-2033 or email boliver@uaex.edu. The large group enjoyed wonderful catfish for lunch. Jefferson County led the 2008 membership in Delta District with an increase of eighteen new members. The last meeting was held in the Ouachita district; what a beautiful facility. The new Garland County EHC building is located on the new Garland County Fair Grounds. Garland County was certainly ready for us: when we walked in for the meeting the building was decorated with fall arrangements and even cloth table clothes! Garland County EHC leaders prepared refreshments. Lunch was wonderful, served by Garland County members from their new kitchen. The leader in membership for the Ouachita district was Garland County with 99 new members over their 2007 membership. The silent

auctions were fun, and the table centerpieces were so beautiful in every district. The silent auction receipts will be used for the district directors to travel to meetings in your counties, so please invite your district directors and associates. You may also want to invite your state officers to some of your county events.

Carroll County EHC Celebrates 85 Years' Service

"Yesterday, Today and Tomorrow - A history of Carroll County Extension Homemaker's 85 years of Teaching" was the theme of a county celebration on October 17. The celebration was held in the Presbyterian Church in Berryville, the sight of the first Extension Homemaker Council meeting on October 17, 1923, in Carroll County. County leaders made a history book, displayed EHC history items, and did skits during the celebration. State Representative Bryan King presented certificates in honor of each Council President during the 85 years; many of the past presidents were present, and some family members were present to receive the nice certificates from Mr. King. The County Judge did a proclamation and recognition of Extension Homemakers work and volunteer hours during the 85 years



Part of the 85 Years Display

CALENDAR OF EVENTS

COUNTY PROJECT BOOKS DUE

STATE EHC OFFICE

MONDAY, DECEMBER 1, 2008

Send to Attn: Betty F. Oliver

EXTENDED EDUCATION WORKSHOP

C.A. VINES 4-H CENTER – FERNDALE, AR

MARCH 10 - 11, 2009

DR. LYNN RUSSELL MEMORIAL/AEHC SCHOLARSHIP DUE

STATE EHC OFFICE

WEDNESDAY, APRIL 1, 2009

Send completed applications to Betty F. Oliver

APPLICATIONS FOR DISTRICT DIRECTOR DUE

FRIDAY, MAY 15, 2009

Send all applications to Present District Directors.

AEHC ANNUAL STATE MEETING

HOT SPRINGS CONVENTION CENTER – HOT SPRINGS, AR

JUNE 9, 10, AND 11, 2009

“T E A M – T O G E T H E R E V E R Y O N E A C C O M P L I S H E S M O R E”



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